

RTC LIBRARY E-NEWSLETTER

APRIL 2021

Welcome to the APRIL 2021 issue of RTC LIBRARY E-NEWSLETTER

In this issue: Recommended Reads: [The Japanese Secret to a Long and Happy Life](#), [The Price of Inequality](#), [Gone Girl](#).

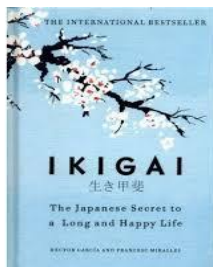
Recommended Reads from the RTC community

[Ikigai: The Japanese Secret to a Long and Happy Life](#) by Francesc Miralles & Hector Garcia

Ikigai (The Japanese secret to a long and happy life), is so well written, and it touches the various aspects of life, giving us a clear idea on how to achieve a long happy life. The word “ikigai” itself means purpose of living or reason to live in Japanese. This book describes the art of being young and growing old. I am pretty sure people don’t really see it in a way this book shows us.

Today’s world is so stressful that it is very difficult for one to find their ikigai. But there are some people who are a hundred years old, and still very active and doing what they love, keeping themselves happy! When they are so positive at this age, why can’t we be? This book helps you discover the meaning of your life and how to overcome your personal problems and fears. The present moment is very important one should focus on. If you are still looking for something that you are passionate about, it’s okay to take time and when you find it that will be worth.

It is not a difficult task to find your ikigai, it is always with you. So don’t miss out things living hurried life. This book talks about various interesting techniques to practice which might help you discover your igai.



A 100% must read book. I recommend you to read this book and discover your ikigai. I loved my journey with this book and I hope you will too. I can’t wait to see Okinawa (island in Japan where people lives more than 100 years.) This book is extremely inspiring.

Thank you
Jigme Dorji
BA Eng & Evs
RTC Graduate

The Price of Inequality by Joseph Stiglitz

Quote: “...private rewards and social returns often differ; and when they do, markets don’t work well. The task of the government is to align the two.”

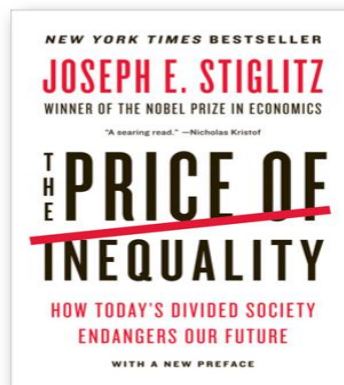
Joseph Stiglitz is a Nobel laureate in Economics and a former Chief Economist at the World Bank. This book captures the ongoing debate on wealth disparity in the U.S. and around the world. At its core, I saw this book as a refutation of ideas championed by free marketers, whom the author repeatedly calls the “right” (referring to the political spectrum). While some might claim that inequality is inevitable, this book refuses to accept that the current level of inequality is the result of some meritocracy-based system as popularly touted.

Stiglitz details both the causes and ramifications of wealth inequality in the U.S. For example, rent-seeking (when entities seek to increase wealth without being innovative or productive) and faulty policies take a central role in Stiglitz’s argument on why there has been an unprecedented transfer of money from the bottom to the top class of the population. This is perpetuated, he contends, through a close relationship between the political system and vested interest groups (“the revolving door”).

Growing inequality has led to social consequences, such as disillusionment and disenfranchisement. Here and throughout the book, the author offers sound lessons from recent events fused with the latest findings of social research and experiments. Whether one agrees or disagrees with the various points made in this book, it remains a worthwhile read for its clever style of lyrical and polemical writing.

What the book does best, in my view, is that it succeeds in making a moral argument using very convincing logic and rational thinking.

Thank you
Kuenga Norbu
3 rd Year
BA Pol-Soc



Gone Girl by Gillian Flynn

Genre: mystery thriller

Gone Girl by Gillian Flynn centers its story on Nick and Amy Dunne's stressed marriage relationship. Nick used to work as a journalist, but loses his job. With his broke financial status, Nick decides to move from New York City to his smaller hometown, North Carthage. In an attempt at recovering from his financial deprivations, Nick opens a bar using the money from his wife. Nick runs the bar along with his twin sister Margo, providing a decent living for his family. But, as the days go by, his marriage with Amy is falling apart slowly. Amy resents her new life.

On a summer morning in Missouri, when Nick and Amy are celebrating their fifth wedding anniversary along with their relatives and acquaintances, Amy goes missing. The eyes of the police turn towards Nick in suspicion, since Nick used Amy's money for his business and their relationship is strained. As the police delve into the investigation, different shades of stories come out from Nick's and Amy's sides. The suspense of the book is carried until the actual information is demystified. The first part of the book that had me hooked to the story. The mystery had me guessing and the love story made me to want to find out more. But it is the second part that made me not to able to stop reading! This book is full of twists. Twists that hit readers like asteroids and keep you on the edge of your seat the whole time. The twists and turns are so many and so unexpected that you just cannot predict what will happen next! But where Flynn does the best work is in the characters, who are amazingly developed. This is the main aspect that makes her story so good. Her ability to create multidimensional characters. A good mystery really lies in characters and Flynn's can really carry a story that surprises you constantly, as it unfolds between two point of view. This choice is what makes the book so great. Seeing the story through the eyes of two characters keeps guessing!

About the author

Gillian Flynn is an ingenious, spectacular author. Reading her books feels like falling down into a dark rabbit hole. Mystery, twists, lies, secrets, revelations and the most important of all nasty characters. When I started reading Gone Girl by Gillian Flynn, I was surprised by how different it was compared to her other works. Flynn creates very dark and violent stories with very, very disturbed characters. But in this book the dark macabre tendency that dominates her writing contrasts with the beautiful New York skyline that the story is set against to.

Thank you

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Wanted! Book reviews from Faculty, Staff, and Students

If you have read a good book and would like to contribute a review to the Library Newsletter, we would love to receive one from you. Tell us a little about the book and why you liked it in 250-500 words. If interested, send your review to gyanupradhan@rtc.bt or come by the library and see the library staff.

Thanks!!

YOU MUST TELL YOURSELF, "NO MATTER HOW HARD IT IS, OR HOW HARD IT GETS, I AM GOING TO MAKE IT..."-Les Brown.