



Welcome to the RTC- Library Newsletter - November 2023



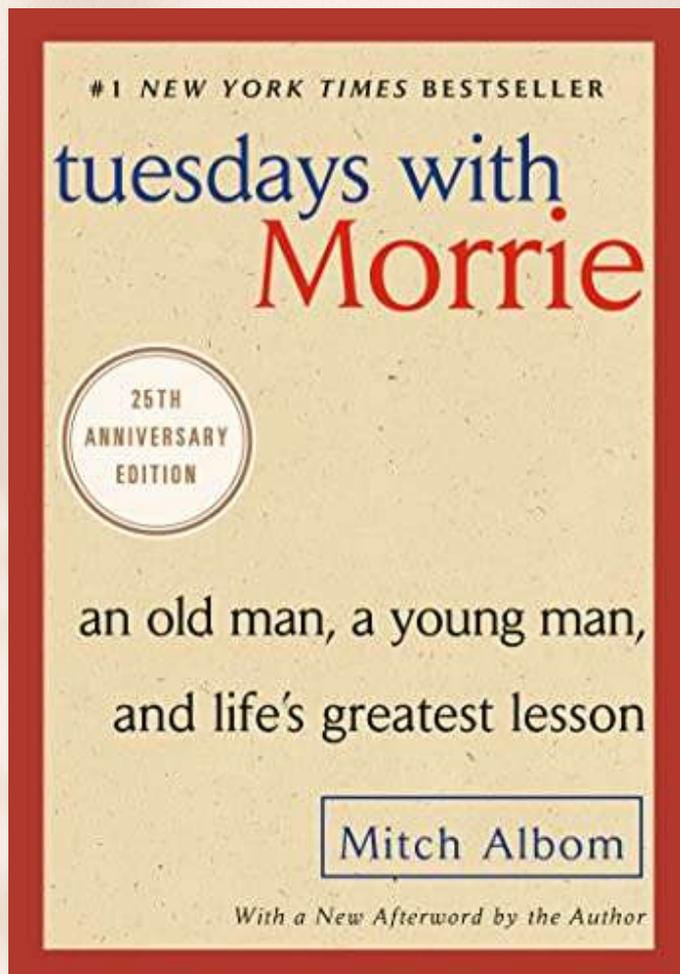


TUESDAYS WITH MORRIE- MITCH ALBOM

“One afternoon, I am complaining about the confusion of my age, what is expected of me versus what I want for myself. “Have I told you about the tension of opposites? . . . Life is a series of pulls back and forth. You want to do one thing, but you are bound to do something else. Something hurts you, yet you know it shouldn’t. You take certain things for granted, even when you know you should never take anything for granted. A tension of opposites, like a pull on a rubber band. And most of us live somewhere in the middle.”

Brief Summary

Tuesdays with Morrie is a beautiful non-fiction on Morrie’s life after his diagnosis with ALS (Amyotrophic lateral sclerosis also known as Lou Gehrig’s disease). Morrie was Mitch Albom’s professor and after many years, one night on the famous television show called “ Nightline,” Mitch finds out that Morrie is terminally ill. And so Mitch meets his old professor once again every Tuesday, and they discuss Morrie’s life and life as we know it, as Morrie prepares for death.



Take away from the book

The moment we are born one thing is set in stone - the fact that we all have to die and leave this world behind eventually. And in between birth and death, we have this thing called life' where often many of us live as if we will go on forever, making plans today for a tomorrow that is uncertain and start to take many things for granted in our pursuit of happiness. It is important for us to know that we all live our lives in small moments and that we should slow down and reflect from time to time in order to anchor ourselves to the present. This short read is one of my favorites and I highly recommend it for anyone who hasn't read it yet.

By Pem Dechen Topgay
BCom FIN B, 5 th Sem

DOCKING DREAMS

If my mind's still honest with me,
I think I remember, it told me to remember.
That there were people with doubts-
But an equally majestic hope.
Of the one I am to be,
making a difference and living a life.
Now it wouldn't make sense, would it?
If I were to plunge and drown in it,
A sea of doubts, and of questions.
A wise man would navigate his way through-
take his time rowing.
A fool would have drowned.
Trying to lift the oar.
The younger me would've been stranded,
In the middle, without a way.
Yesterday, I looked to the stars and wished.
Today, I look to the sky and pray.
Tomorrow, I'll look to the sea and fish.
At least, I could risk a chance,
and make a change.
Glide on the waters,
and sway with the winds,
until I make it there,
A shore with a dream.



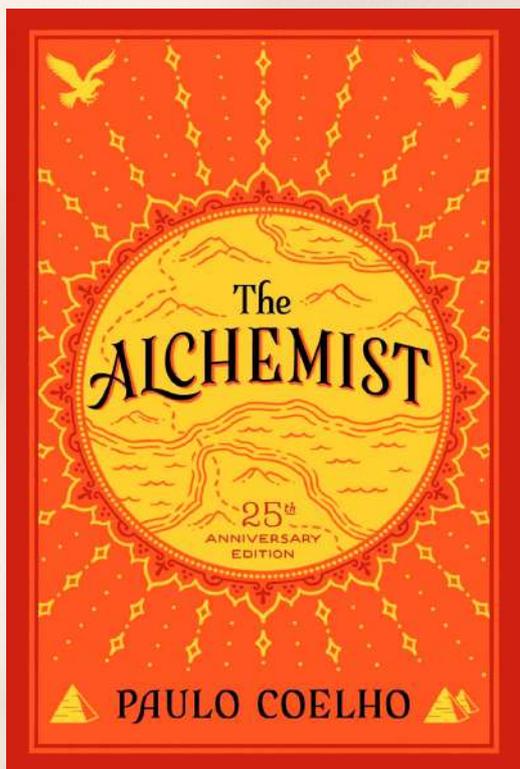
**By Sonam Lhazom
(BSc Nursing)**

THE ALCHEMIST ~ PAULO COELHO

“ And when you want something, all the universe conspires in helping you to achieve it ”
~ (excerpt from the book)

Brief summary

The book embarks on a journey with its main character, a young shepherd called Santiago as he makes his way through the hills of Andalusia to the pyramids of Egypt in search of a treasure he once dreamt about. On his journey, he finds love, loyalty, mentors and eventually becomes the alchemist on this journey of self-discovery and dreams.



Take away from the book

We are all lone travelers in this vast desert of life and just as the wind sweeps the desert sand changing its landscape from what it was yesterday, our life too is unpredictable and full of uncertainty. It is in the race to catch up and excel that we often forget who and what we truly dreamed to be as a young child. The Alchemist subtly highlights on how if we dare to listen and ask, the universe will help us achieve our dreams.

The Alchemist is one of my favorite books and I have read it at different stages of my life, each time I see it from a different light and it brings me a new perspective. Moreover, I love how the author gives life and meaning to the elements of nature.

“ Santiago looks out to the desert and it speaks to him. Santiago tells the desert about his love for Fatima, and it offers its sand to Santiago to help the wind blow. It says that Santiago will also have to ask the wind for help.

A breeze picks up as Santiago asks the wind for help. The wind argues that Santiago differs too much from it, but Santiago contends that he desires to reach all corners of the world, just like the wind. The wind understands but doesn't know what to do. Santiago tells the wind that love can empower it to do anything. The wind feels like Santiago demeans what it already knows how to do. It blows harder, annoyed, and tells Santiago to talk to the Hand That Wrote All. Santiago says he will, but that first the wind should create a sandstorm so he can look into the sky without the sun blinding him.

The wind picks up into a powerful gale called the simum and the tribesman ask their chief if they can stop Santiago's stunt. The chief, however, wants to see Santiago complete his task. Santiago speaks to the sun. The sun tells him it knows of love, but Santiago argues it does not. Santiago says that all things have their own Personal Legend, and when something realizes its Personal Legend, it must change so it can acquire a new Personal Legend. Alchemists use this process to coax lead into becoming gold. After hearing Santiago's words, the sun decides to shine more brightly, and the wind blows harder so it can continue to block out the brightness.

Santiago tells the sun that love transforms the Soul of the World and asks the sun to turn him into the wind. The sun says it can't and suggests Santiago speak to the Hand That Wrote All. The wind is happy to see the limit to the sun's wisdom and blows harder. Santiago communicates with the Hand That Wrote All but senses he should not speak. Instead, he prays and experiences a rush of love. He realizes that the Soul of God is his own soul, and that he can perform miracles." ~ (excerpt from the book) This is a short read and I would highly recommend it to anyone who hasn't read it yet or re-read it once again if you have already done so.

Submitted by Pem Dechen Topgay
BCom FIN B, 5 th Sem

Walking out

I've become one,
With the sun that rise over the towering peaks
And the moon that peeks over the greying clouds

I rise alone just as the sun does
Until the solitary blue wakes
And the clouds decide they should join too.

The moon during day
Is a rare find everyday
But would it keep it's word.....I must ask.

When the sun sets, I cave in too!
We are alike...just a few strands different.
The clouds and the deep blues, they won't remain true.

The moon won't come out, some days
The rays don't accompany through the dark
And the stars just won't twinkle enough
Maybe I'll play along too
And just win my way through.



By Sonam Lhazom
(BSc Nursing)

The Virtual Library



Digital Resources
Passwords

Research4Life

username: BHU523
password: 13313

Sage Knowledge

Log into Research4Life
Copy & paste URL in separate
window

ScienceDirect

Scopus

Log into Research4Life
Access through Institution:
Research4Life

The Economist

username: library@rtc.bt
password: bhutan2022

library@rtc.bt

*Need help searching the
databases? Book an appointment*

RTC DATABASES, EJOURNALS &
DIGITAL RESOURCES

Accessible through the MyRTC
Library Portal:

A-Z RTC Digital Resources &
Databases

Research4Life (direct link)

Need help in searching the
databases? Just 'Ask A Librarian'

KOHA ACCOUNT

If you are interested in having access to your koha account, please visit the library front desk to get your username and password or send us an email at library@rtc.bt

RENEWAL OF LIBRARY BOOKS - CAN BE DONE THROUGH EMAIL

Step 1: You will receive an automated email from the library when the due is near.

Step 2: If you would like to renew, Please reply to the same email.

Step 3: Library staff will renew your book and send you the new due date.